HIGH PERFORMANCE ACADEMY

SURFING AUSTRALIA

2023 PROSPECTUS

SUPPORTING AUSTRALIAN ATHLETES TO BECOME THE WORLD'S BEST SURFERS AND PEOPLE

The Surfing Australia High Performance Academy is an innovative new 12-month program, combining year-round performance coaching and the highest quality education for surfing athletes in years 7 to 12.

HARD WORK BEATS TALENT WHEN TALENT FAILS TO WORK HARD

The Academy is available to boys and girls in years 7 to 12 who are currently competing at a regional, state or higher level and aspiring to become a professional surfer.

It’s not about being the best; it’s about being **your** best and maximising **your** potential as an athlete, both in and out of the water.

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"IF WE WANT STUDENTS TO DO REMARKABLE THINGS, WE MUST FIRST GIVE THEM REMARKABLE THINGS TO DO."

STUART MARQUARDT, PRINCIPAL
LINDISFARNE ANGLICAN GRAMMAR SCHOOL

LINDISFARNE
Anglican Grammar School

Surfing Australia is proud to have Lindisfarne Anglican Grammar School as our official school-based education partner.

Lindisfarne is a high-quality, independent, Anglican, co-educational grammar school that serves the southern Gold Coast, Tweed Coast and northern New South Wales.

Lindisfarne provides the distinctive identity, relationships, learning and leadership that will support Academy athletes in achieving their surfing potential, without having to compromise their education.

Lindisfarne has a proven track record of supporting elite student-athletes to fulfil both their academic and sporting goals.

HEAD COACH BEDE DURBIDGE

Bede Durbidge is without doubt one of the best coaches in the world with an unmatched love, passion and knowledge of surfing.

With 13 years on the WSL Championship Tour, 11 final appearances, 3 event wins (including a Pipeline Masters), 3 years ranked in the top 5 and a runner-up finish to the World Title in 2008, Bede was one of the most successful competitive surfers of his generation.

Bede's coaching experience is equally impressive having spent 4 years as Surfing Australia's Elite Program Manager, Head Coach of The Irukandji's Australian Surfing Team and privately coaching some of the best athletes in the world.

- Coached John John Florence to the 2016 WSL World Title
- Tokyo 2020 Olympic Campaign and Owen Wright's Bronze Medal
- 2021 ISA World Surfing Games and Sally Fitzgibbon's Gold Medal

BEDE DURBIDGE

AUSTRALIA'S BEST COACHES AND PERFORMANCE SUPPORT STAFF

JAMES WOOD

ACADEMY COACHES

MICHAEL O'RAFFERTY

MADDISON PHILLIPS

JARED DE THIERRY

PHYSICAL PREPARATION

HIGH PERFORMANCE ACADEMY
SURFING AUSTRALIA

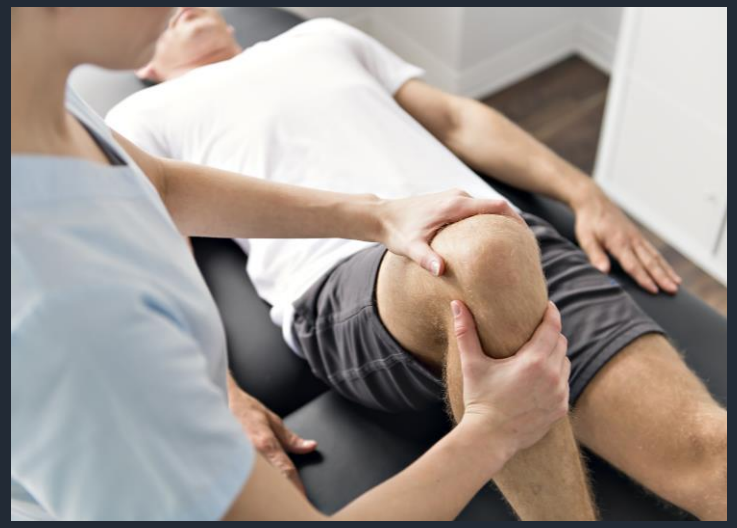
WORLD LEADING EXPERTISE FOR HOLISTIC ATHLETE DEVELOPMENT

SKILL ACQUISITION

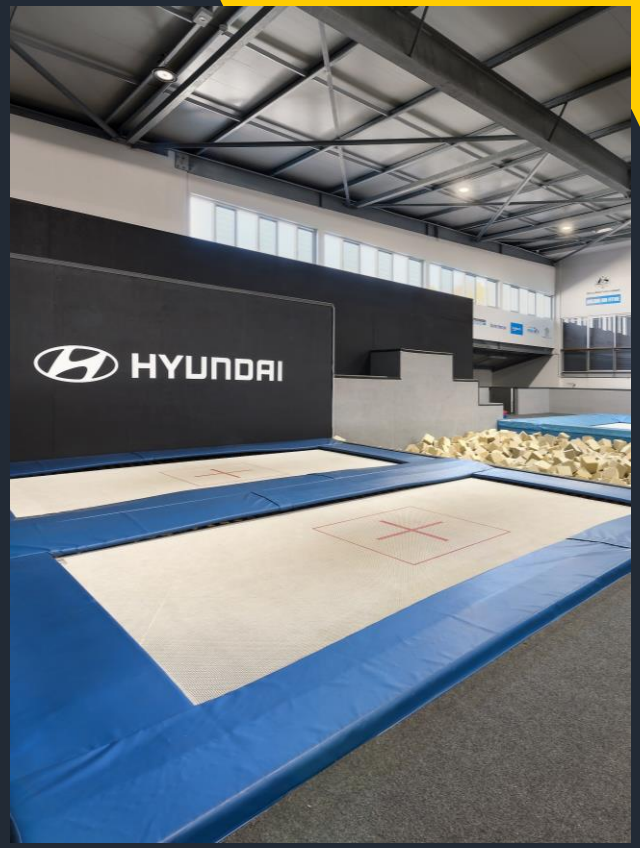
PERFORMANCE SERVICES

SPORT PSYCHOLOGY

ATHLETE WELL-BEING



PHYSIOTHERAPY



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HYUNDAI
HPC
HIGH PERFORMANCE CENTRE

OLYMPIC TRAINING CENTRE

Academy athletes and coaches have access to the state-of-the-art training facilities at the Hyundai Surfing Australia High Performance Centre which is endorsed by the Australian Olympic Committee.

Having these facilities at our disposal gives Academy coaches the opportunity to deliver high quality training blocks regardless of what surf conditions are on offer.

WEEKLY SCHEDULE

The below schedule will run for 10 weeks during each school term.

Monday
6.30am – 8.00am: Group 1 Surfing Session
4.00pm – 5.00pm: Group 2 HPC Training Session

Tuesday
6.30am – 8.00am: Group 2 Surfing Session
4.00pm – 5.00pm: Group 1 HPC Training Session

Wednesday
6.30am – 8.00am: Group 1 Surfing Session

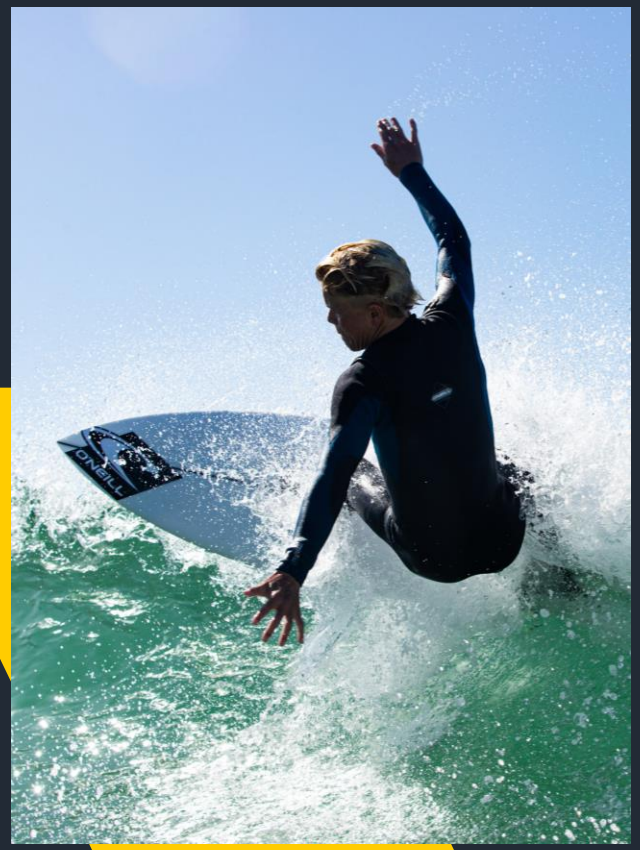
Thursday:
12.30pm – 5.00pm: Groups 1 & 2 HPC Session – this session will change week to week and includes a combination of jet ski sessions, video review, heat drills, fitness testing and guest speakers.

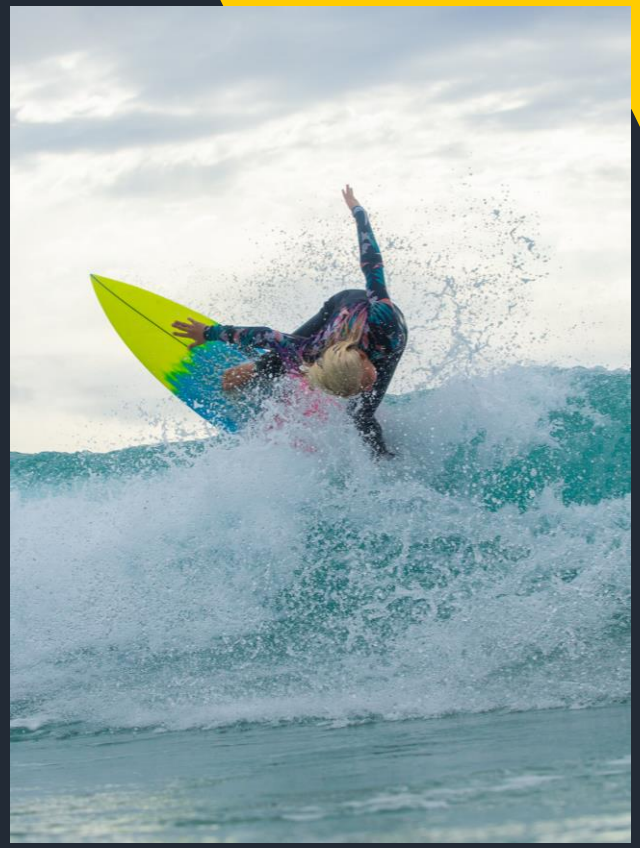
Friday
6.30am – 8.00am: Group 2 Surfing Session

Once the application window has closed, Surfing Australia will allocate athlete groups and training days.

TRANSPORT

- Parents are responsible for getting athletes to the beach at 6.30am (NSW time) for surfing sessions between Hastings Point and Coolangatta. Coaches will advise on selected location the evening prior to each session.
- Surfing Australia provides transport from the beach to Lindisfarne and surfing equipment is stored securely at the HPC – athletes are required to have a dedicated Academy surfboard & wetsuit.
- Parents are responsible for a 4pm drop-off and 5pm pick-up from the HPC for Monday and Tuesday training sessions. Note: surfers only attend one of these sessions.
- Lindisfarne provide transport to the HPC at 12.30pm each Thursday and parents can pick-up athletes from the HPC at 5pm.





APPLICATIONS & FEES

- All applications must be submitted online here prior to November 11th 2022
- Applications must be accompanied by a written submission and copies of recent school report cards
- Academy fees are $12,000 per annum, paid in 4 x $3,000 installments each term (excludes Lindisfarne schools fees)
- Once the application window has closed, Surfing Australia will advise on the total number of academy athletes and grouping of ages and ability levels

HIGH PERFORMANCE ACADEMY

SURFING AUSTRALIA

CONTACT

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